What is Nyxoid?

Nyxoid is a single-dose nasal spray for emergency use after an overdose of opioid drugs (such as heroin, methadone, fentanyl, oxycodone, buprenorphine or morphine). It contains naloxone, which temporarily reverses the effects of opioid drugs.

Each pack contains 2 sprays (2 single doses).

Nyxoid is not a substitute for emergency medical care

Nyxoid should be carried by anyone at risk of overdosing on an opioid. Carers such as close family or friends should know where to find Nyxoid in case of emergency.

When to use Nyxoid

If you know or suspect that someone has overdosed on an opioid drug, use Nyxoid as described on the other side of this leaflet.

ALWAYS call an ambulance immediately, even if the person wakes up — they may become unconscious again, and stop breathing.

Take care: a person treated with Nyxoid may show acute withdrawal symptoms, which can be dangerous.

If you carry Nyxoid...

Set an alert in your calendar for 1 month before your Nyxoid is due to expire. Then arrange for a replacement.

Quick reference

For full instructions, turn to the other side of this leaflet.

1. Check for signs of overdose and breathing
2. Call an ambulance 
3. Give Nyxoid as soon as possible 
4. Put into recovery position 
5. Monitor and give support until the ambulance arrives
6. Give 2nd dose of Nyxoid if no improvement after 2–3 minutes OR overdose symptoms come back 
7. Take care for your personal safety: watch for acute withdrawal symptoms
8. Dispose of used Nyxoid and get a replacement

Please report suspected adverse drug reactions (ADRs) to the MHRA through the Yellow Card scheme, via the Yellow Card website www.mhra.gov.uk/yellowcard, the free Yellow Card app available in Apple App Store or Google Play Store. Alternatively you can call 0800 731 6789 for free, Monday to Friday between 9am and 5pm. By reporting side effects, you can help provide more information on the safety of this medicine.

NAPP

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Date of preparation: 04.2026 Job code: GBL-S-NYX-2500028

NYXOID®

naloxone



This leaflet tells you:

- How to recognise symptoms of an opioid overdose
- What to do
- How to give Nyxoid
- How to recognise acute withdrawal symptoms

For more information

Visit www.nyxoid.com

There is also a **Quick Start Guide** on the back of the Nyxoid blister.

This leaflet is designed for patients, or carers of patients, who have been prescribed Nyxoid®.

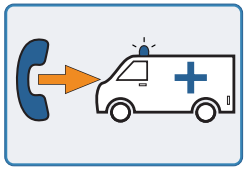
What to do: step-by-step

1 Check for signs of overdose

- **Approach with care.** Check for dangers, such as injecting materials that might be lying around
- **Check for a response,** to see if the person is conscious. You can:
  - shout their name
  - gently shake their shoulders
  - talk loudly into their ear
  - rub their breastbone (sternum)
  - pinch their ear or the bed of their fingernail
- **Check airways and breathing**
  - **Clear the mouth and nose** of any blockages
  - For 10 seconds, **check for breathing** — is the chest moving? Can you hear breathing sounds? Can you feel breath on the cheek?
- **Check for signs of overdose,** such as:
  - no response to touch or sounds
  - slow, uneven breathing or no breathing
  - snoring, gasping or gulping
  - blue or purple fingernails or lips
  - very small pupils

2 Call an ambulance

Always call for emergency services immediately, even if the person wakes up.

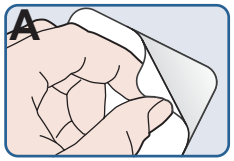


! Nyxoid is not a substitute for emergency medical care or basic life support (such as CPR).

- Put your phone in loudspeaker mode if possible, to keep your hands free
- **Give emergency services as much information as you can,** including:
  - your exact location and postcode (if known)
  - what substances you think the person may have taken
  - whether they are conscious and breathing
  - that you plan to give Nyxoid spray

3 Give 1 spray of Nyxoid

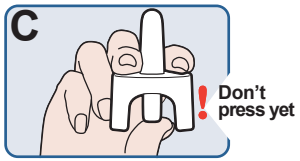
Each nasal spray contains **one dose only.**



Peel off the back of the Nyxoid container. Remove the nasal spray and place it within easy reach.

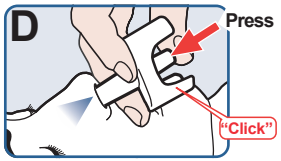


Lay the person on their back. Support the back of the neck, and let the head tilt back. Clear away anything you see blocking their nose.



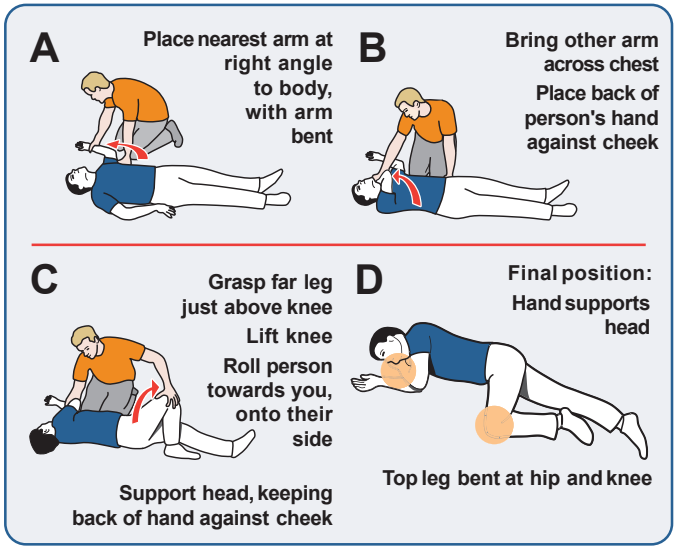
Hold the spray as shown — first two fingers either side of the nozzle, thumb ready to push the plunger.

! Don't press to prime or test before use.



Gently insert the spray nozzle into **one nostril**. Press firmly on the plunger until it clicks and gives the dose. Remove the nozzle from the nostril. If possible, note which nostril you used.

4 Put into recovery position



5 Monitor until help arrives

- **Stay with the person.** Watch for an improvement in breathing, and their response to sound and touch
- If the person is unconscious and not breathing normally, give basic life support (such as CPR) if you are trained to do so*
- Be aware — even if they wake up, they may become unconscious again, and stop breathing

6 No response? Give 2nd dose

- If there's no improvement **after 2–3 minutes**, or if overdose symptoms come back: **use a new Nyxoid spray in the other nostril**. You can do this while the person is in the recovery position

7 Take care for your own safety

- Nyxoid can cause **acute withdrawal symptoms** if the person is dependent on opioid drugs. Symptoms can include:
  - body aches and cramps
  - vomiting, nausea, diarrhoea
  - fever, runny nose or sneezing
  - sweating, shivering or trembling
  - nervousness or irritability

Some people may seem to act aggressively as they wake up.

! Take care for your own safety.

8 When the ambulance arrives

- **Immediately tell them what has happened and that you have given naxolone (Nyxoid).** Give them any used Nyxoid spray(s)

Disposal of used nasal sprays

If you forget to give the used sprays to the paramedics, pass them to a healthcare professional or pharmacist, and arrange for replacements. **Never** throw away the sprays in water waste or household waste.

*For more information about training in basic life support, refer to the Resuscitation Council https://www.resus.org.uk/